

Notes from Wednesday, April 27, 2022 - 4<sup>th</sup> class on Personal Management for Spiritual Growth

Acceptance – Seeing People for who they are. Notetakers: Glorya F. Cabrera, Okan deniye

What am I working with? Prenatal State – What is My Raw material?

Forming Ideal Mentorship: the more talented a person is the more coaching is needed/beneficial

Motivation: What will it take to stretch/reach out. What energy is needed to push?

Peak Performance: How to get there & How to maintain. Sustained Intensity – make it a habit.

Relationships: See people how they really are. Serving people is to lead people.

Must be able to see people clearly. When we don't, we judge them. See and accept people as they are.

The Right Person at the Center\*see downloaded form

- Motivated – I am inspired. Give me specific tasks within limited time frame.
- Skilled – I am good at what I do.
- Loyal - Create opportunities to learn. Give me leadership duties and responsibilities.

Meet people where they are, i.e. Pedagogy of the Oppressed, Paulo Freire

We need people. We need a squad of supporters. They need me too.

This is how we cultivate groups/teams.

Orumila is the King of Incentives – obi. Must know what people want.

Orumila will meet you where you are: value of incentives, Four Paths of Equanimity Obatala

Deterrents, obstacles, blocks – must know how to get beyond these challenges

In Nigeria there are Area Boys who watch over specific areas for incentives like pay. Men who keep an eye on houses – they call the rich man, “My Chairman.” This relationship creates a sense of belonging.

Relationship building is a way to incentivize people. Control and Consistency.

Orumila is Knowledge, Habits of the Mind.