



Live the Medicine INTENSIVE Training

with *Obáfémi Orígúnwà, MA*

No healing without spirit: No spirit without connection

Discover how you can Live the Medicine
of your Personal Priesthood in 8 weeks

'Kaabo, Welcome!

I'm very excited to lead this Live the Medicine Intensive class. 16 hours of inspirational LIVE teaching in Oakland, CA – **and shared virtually online**. You'll discover the simplest, most natural, and most reliable way to enjoy spiritual development and learn the Fundamentals of Òrìsà Lifestyle.

Based entirely on the Live the Medicine system, but grounded 100% in the West African òrìsà tradition, this 8-week series starts on Sunday, October 6th, 2013 and will run every Sunday from 10.00 am PST to 12.00 pm PST until Sunday, November 24th.



You can get all the recordings if you miss anything. In fact, some people will sign up just for the recordings and that's ok with me!

I'm going to be showing you everything you need to know about taking a practical approach to Òrìsà Lifestyle in just 8 short weeks. You'll be able to start putting into practice what you learn from the very first session!!! For priests and priestesses with godchildren/students, this is a perfect way to introduce people to the practice and get them started on the right foot. For devotees, this is an excellent way to discover ways to develop your practice, as well as share it with others.



Using my proprietary spiritual development model (there is no other system like it) you'll generate a comprehensive, 16 point plan for personal growth and learn numerous teachings – **taken directly from the Holy Odù Ifá** - on

the philosophy and practice of òrìsà lifestyle.

Plus, it's going to be a good time! I love to teach!!! I will lift you up, make you laugh as much as I make you think and make you go away with practical applications for everything I teach!

Here's the best part... because it's live and direct, but limited to 16 participants, you can ask lots of questions. That way, you can get coached directly on YOUR experience with Òrìsà Lifestyle. You'll also be able to learn from the questions asked by others!

This Live the Medicine Intensive training is an absolute must if you want to:

- Learn how to practice spirituality in EVERYTHING you do.
- Establish a solid foundation for future growth and development.
- Establish a theological basis for your belief in òrìsà lifestyle.
- Learn essential òrìsà lifestyle tips, tactics, strategies and techniques that work.
- Feel confident practicing òrìsà lifestyle in alignment with your core values.
- Experience a shift in your thinking and feel at ease with your natural gifts and talents.

Completely eliminate feelings of frustration and continually be inspired!

Take the right actions to create and reach your personal and spiritual goals, then set new ones beyond what you previously thought possible.

With the easy-to-follow Live the Medicine layout you'll know how to develop steadily, while making the most of your time, money and energy.

Simplify and master the elements of your personal priesthood and share the blessings of òrìsà with your friends and family, today.

You'll fall in love with learning new material and sharing your journey with others. When you do... surround yourself with other people who are living the medicine.

Live the Medicine 8 Week Intensive Training

Starts Sunday, October 6th, 2013 from 10.00 am PST to 12.00 pm PST until Sunday, November 24th. If you cannot come to Oakland, you can view the videos online!

Week by week I'll walk you through the core segments of the Live the Medicine System. You get the benefit of interactive classroom style teaching, alongside fully interactive question and answer sessions which address your own personal concerns.

Weeks 1 & 2:

A Vision of the Soul

Lesson 1:

Eniyan and Olódùmarè's plan for the human soul

- Identifying your divine origins and sacred mission
- Discovering the symbolic & ritual power of the 4-fold body
- Defining your voice and articulating your truth consistently
- Uncovering the psychology of the soul's evolution
- Harmonizing reciprocal energy (i.e., the divine masculine and sacred feminine within)
- Ritualizing your day for spiritual growth



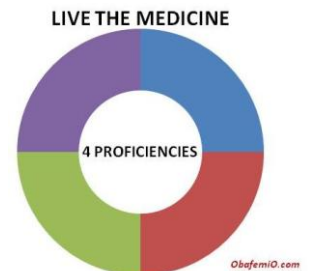
Weeks 3 & 4:

Spiritual Inheritance

Lesson 2:

Rebirth, Reincarnation and Restoration

- Exploring your pantheon of ancestors
- Learning the value of your Ancestral Promise
- Turning to your deified parents for guidance
- Tapping your Ancestral Memory
- Understanding Ifá's 2 principle teachings on rebirth
- Discovering who and what a Founding Ancestor is
- Identifying your Sponsoring Ancestor



Weeks 5 & 6:

Spiritual Community

Lesson 3:

Spiritual Community, Earthly Market & Heavenly Home

- Understanding what a spiritual community is
- Discovering the 5 categories of spiritual community
- Identifying the urgent needs and compelling desires of your spiritual community
- Making agreements with your spiritual community
- Learning how to identify a spiritual mentor
- Choosing the best mentor for your aptitudes and needs
- Developing the relationship between your spiritual calling and your j-o-b



Weeks 7 & 8:

Pathways of Destiny

Lesson 4:

The Role of Òrìsà, Ifá and Orí

- Leveraging your natural gifts and talents
- Finding your optimal relationship with the deities
- Learning to learn from Ifá
- Discovering the relationship between destiny and fate
- Demonstrate understanding of decision-making
- Explore the significance of sacrifice

